

CGHS Delhi: Yoga & Naturopathy facilities for CGHS beneficiaries at RML Hospital

No. AWO (VK)/58/2019-20

Government of India
Ministry of Personnel, Public Grievances and Pensions
Department of Personnel and Training
[OFFICE OF THE AREA WELFARE OFFICER]
[Jurisdiction: North Avenue, Baba Kharak Singh Marg, Kali Bari Marg,
Peshwa Road, Hanuman Road, Sector-IV DIZ Area, Minto Road Area, New Delhi]

A-8, 3 Floor, PTI Building,
Sansad Marg, New Delhi-110001
Dated 15th January, 2020

NOTICE

CGHS beneficiaries may please note that they may also avail the following facilities related to Yoga and Naturopathy at Dr. Ram Manohar Lohia Hospital, New Delhi:

- i. OPD Consultation on Yoga and Naturopathy
- ii. Disease-specific yoga classes
- iii. General Yoga classes
- iv. Dietary Consultation
- v. Counseling on life-style changes to be adopted

2. Interested beneficiaries may contact Dr. Jyoti Aggrawal, Room No. 36, near Department of Psychiatry, Gate No. 9, Dr. RML Hospital on Monday to Friday (8:00 AM to 3:30 PM) and Saturday (8:00 AM to 1:00 PM) to avail these facilities.

3. RWAs of nearby areas of the Hospital may also conduct awareness programme on 'Yoga and Naturopathy for Life-style Disorders' in consultation with Dr. Jyoti Aggrawal and the undersigned in their residential complexes on Saturdays.

Sd/-
(VIPIN KUMAR)
Area Welfare Office